Being Built Up

"Health Club Membership"

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Slide 1

In Acts 20:32 we are told to be "built up." To be "built up" means we are to be strong and we become strong by the Word of God. Many times the Bible tells us to be strong. For example, in I Cor. 16:13.....

Slide 2

There are some similarities between being built up physically and being built up spiritually. First, let's notice what happens with a health club membership...

Slide 3

The health club is a great place to go to be built up physically. They have the equipment, experience and resources to get you fit physically. Let's look at some of the possibilities.....

Slide 4

...of what can happen with the local health club....

Slide 5

To receive the full benefits of a health club we must join and then exercise regularly and correctly. The same principle....

Slide 6

The church is just like the local health club in the fact that some people will join...

Slide 7

The church is a great place to go to be built up spiritually. They have the resources, mainly the Word of God, to get you fit spiritually. Here are some...

Slide 8

... of the possibilities of what can happen with the local church...

Slide 9

Which group describes you? This is an important question. This lets you know where you stand in your relationship with God. If you are a member of the Lord's church but do not come, don't worship correctly or often enough you need to make the changes in your life to become right with God. If you are not a member of the Lord's church then the first thing you must do to receive full benefits is to become a member. How do you do that?...

Slide 10

We have been talking about "joining" the church. The only reason I have stated it that way is to try to compare membership between a health club and membership in the Lord's church. The truth of the matter is that we do not "join" the Lord's church, we are added to the Lord's church by God when we obey His commands of membership that we have just discussed. Notice Acts 2:47 where it says, "And the Lord added to the church daily those who were being saved." Then we must live faithful to Him the rest of our lives. As a member of the Lord's church we receive all spiritual blessings...

Slide 11

We receive all spiritual blessing and the best will be "eternity with God in heaven." So as we read in Acts 20:32...

Slide 12

By reading, studying and living the commands of God we build ourselves up spiritually. So that leads us to ask ourselves....

Slide 13

Are you a member of the Lord's church? If so, are you attending regularly and correctly?